

HOW TO | Coaching Relationships

“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

Matthew 28:19-20

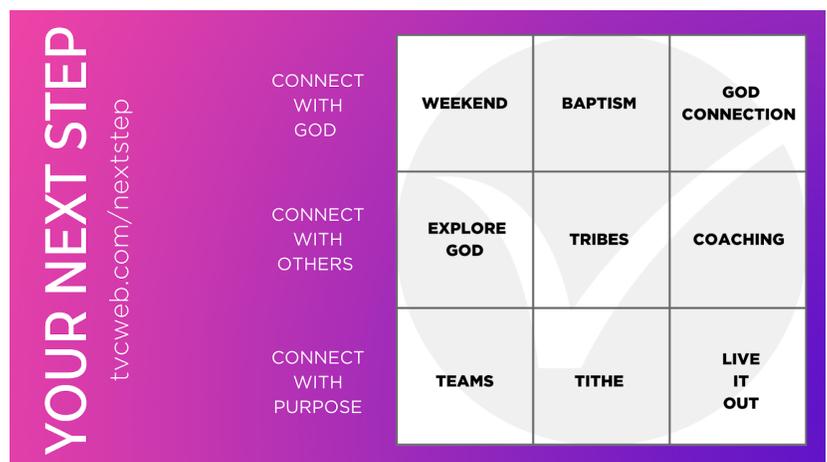
Jesus commands us to go out and make disciples, but what does that really mean? And how can we possibly make disciples of *all nations*? The good news is that he called *all of us* to make disciples, and if we will each disciple at least one person it will make a difference. This is what we call a *coaching relationship*.

Coaching Relationship | one person intentionally investing in another person to help them take next steps with God.

In using the term Coaching Relationship, we mean exactly what Jesus commanded in Matthew 28, but this new language can help reframe an often misunderstood word: discipleship.

Too many times the concept of discipleship is simply an exchange of information. And while “teaching them to obey everything I have commanded” includes an exchange of information, it also requires imitation. How else can you obey what Jesus commanded if you don’t put it into practice? The Apostle Paul said it this way 1 Corinthians 11:1, “Be imitators of me, just as I also am of Christ.”

So coaching is about developing relationships and taking responsibility for someone else’s next steps. Your role is not only to help them *know* more about God and scripture, but to become more *like* God and what scripture calls them to be.



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A Coaching Relationship is an intentional and regularly occurring meet-up between a coach and up to three people being coached, with a focus on improving an agreed upon area in the life of the coached.

Expectations:

- Coach people of the same gender
- Follow a consistent format in your time together
- Commit to the materials you are using and your time together
- Set goals (use **“The TVC Next Step Strategy”** as a tool for measuring spiritual development)
- Commit for a season (it’s not ‘til death do you part)
- Reproduction is the measure of success (when are they ready to coach another?)

The Meeting: These gatherings can take place wherever you feel will be the most comfortable for the group or individual. (*before or after a service may be the most convenient?*) It is important that you give them your undivided attention, so find a place you will not be disturbed. It is important to have a set agenda so time does not get away from you due to idle conversation. This time together is intentionally pointed towards the spiritual development of the individual.

Key components of your time together could include some coaching conversations that have long term proven effectiveness.

- Prayer: always open in prayer together
- RPM’S: check in with how they are doing
 - Relationally (marriage, parenting, work, family, dating, etc)
 - Physically (health, diet, work out goals, etc)
 - Mentally (new books, new ideas)
 - Spiritually
- Individual Development: This portion of the time together will consist of a teaching resource